



Ghost Hill Newsletter

17th April 2026

A message from Mrs Westall

I hope you all enjoyed a lovely Easter holiday. It has been a really positive week back at school, and the improvements to our outdoor areas have made a noticeable difference already.

A huge thank you to Friends of School for part-funding the enhancements to the outdoor Reception area. The children are absolutely loving the new resources and spaces. Thank you also to the parents and grandparents who helped make this possible.

Children in Reception, Year 1 and Year 2 are also enjoying the new playground equipment at lunchtime, funded by Friends of School. This includes scooter boards, hoops, balance boards, playground chalk, balls and skipping ropes. The sunny weather has certainly helped everyone make the most of it!

We are now planning to design and develop a growing area on the field. Although part of this area already exists, it needs some care and tidying. Friends of School are kindly funding this project, and we would really appreciate any donations of plants, seeds, bulbs, wood, compost, or similar items. More information will follow soon, so please keep an eye out.

Please pay particular attention to the newly added dates highlighted in the dates list below, especially the parent meetings for current Reception and Year 1 children, which will support the transition into the next academic year. If work commitments mean you are unable to attend, please don't worry — all information will be shared with you afterwards. These meetings replace the September meetings held in previous years.

Yesterday, our Reception children were very excited to welcome a fire engine and firefighters into school. Thank you to Isla's dad for helping to organise this special visit. The children learned about the role of firefighters, explored the fire engine and even had the chance to try out the large hose! During the visit, the fire engine was called out to a real emergency, complete with sirens and flashing lights. We were very grateful that the firefighters were able to return afterwards, and it was a valuable experience for the children to see them spring into action.

Please also see the document attached at the end of this newsletter regarding the new Department for Education guidance: *Restrictive intervention, including use of force, in schools* (DfE, April 2026).

I am really looking forward to accompanying Year 1 on their trip to How Hill next week — fingers crossed for good weather!

Have a lovely weekend.

Dance show – what an amazing event. Thank you to Mrs Wooltorton and Mrs Everett for organising the event. It was great for the children to be in a show with so many other schools.

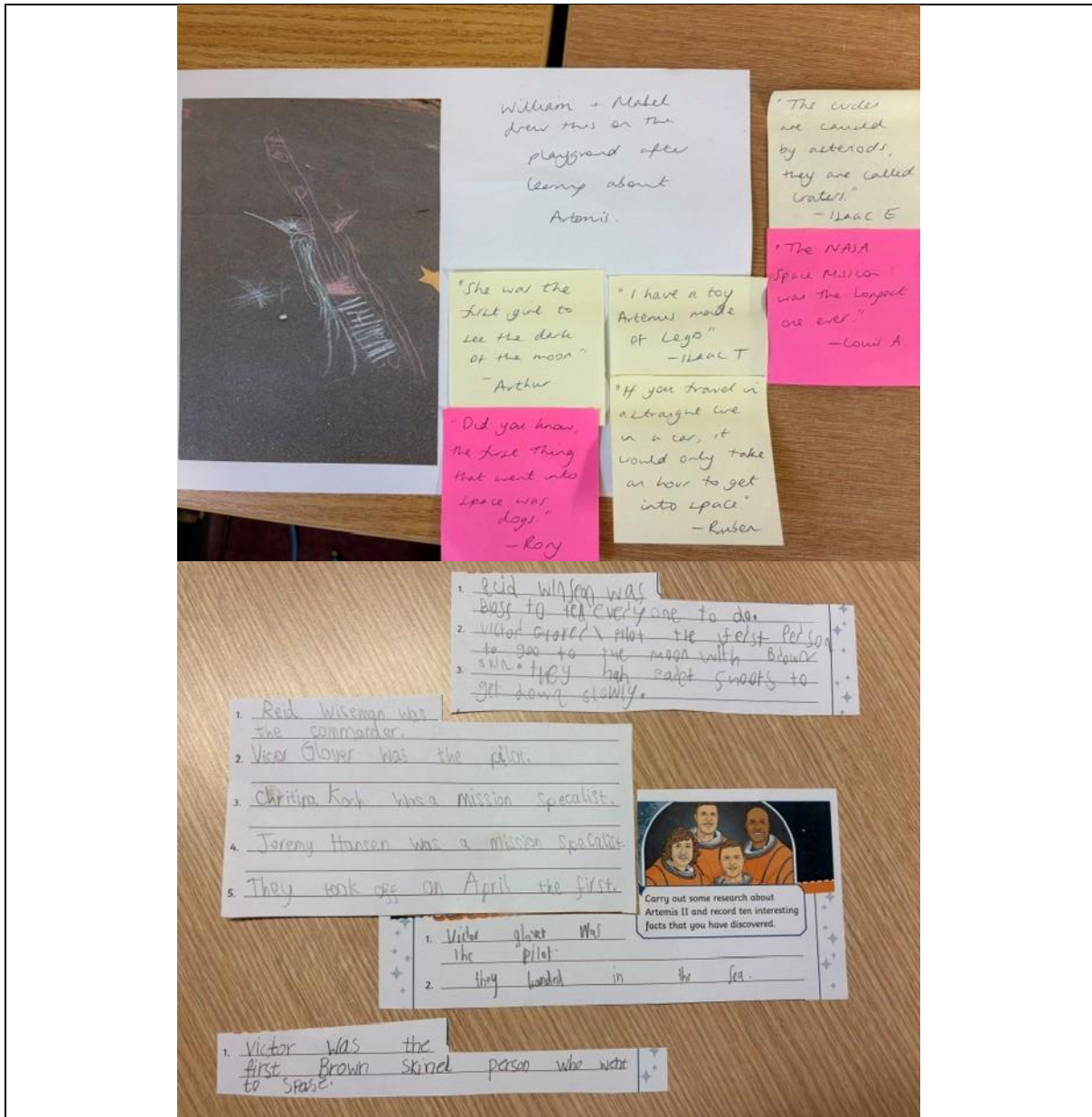


Thank you to Blue Watch from Sprowston Fire Station



Artemis II space mission

We have shown the children videos and pictures from the Artemis II space mission and talked about what it might have felt like to be an astronaut on that mission. We are very aware this a moment in history for the children to remember. They loved watching the video of the rocket launching.



Class Photos are Wednesday 6th May. Please can children who do PE that day come in school uniform and the PE lesson will be adapted.

A Special Mention from Mrs Westall

Try Hard, be Brave, Be You.



Character virtue – Teamwork

Well done and thank you to Deer Class for showing so much care to Mrs Belson, who is on crutches and still doing a great job teaching Deer Class, with their help and kindness.

Ready, Respectful, Safe



Sports News

The children have returned full of energy and refreshed ready for some more PE fun!

Tom Kenny from National Tennis will be visiting the school to deliver taster sessions on Monday the 20th April. He will be starting his tennis after school club the following week on Tuesday the 28th of April. These sessions will run for the rest of the term. This is an awesome opportunity to develop confidence with tennis skills and is always delivered in a fun, enthusiastic way by Tom! **Please can children wear their pe kits (Reception to year 2).**

Dance club shone representing Ghost Hill on the last day of term! Staff that were present were so impressed with how the children conducted themselves 'backstage' and when performing! It really was a special event, these children have been celebrated in assembly today and received their participation certificates.

On Thursday we attended a sports conference at the University of East Anglia. This was an event that has helped us think of more ways to keep building on our pe offer at Ghost Hill- we look forward to sharing some of these soon!

Active Clubs that are upcoming this term include Jolly Gymnastics, Tennis, Girls Football and Family Cycle. Family Cycle is an event that is ran by Mrs Everett and you do not need to book on.

We look forward to you sharing your child's out of school achievements, remember these can be emailed to the office with a photo and your child will be celebrated during our Friday's celebration assembly.

Have a super weekend,
Mrs Wooltorton and Mrs Everett



Sports Star of the week

Chester in Hedgehog Class earned the sports star award this week for his confidence and creativity when performing in the dance show! Chester engaged the audience by hand clapping with no rehearsal to do so- well done Chester!



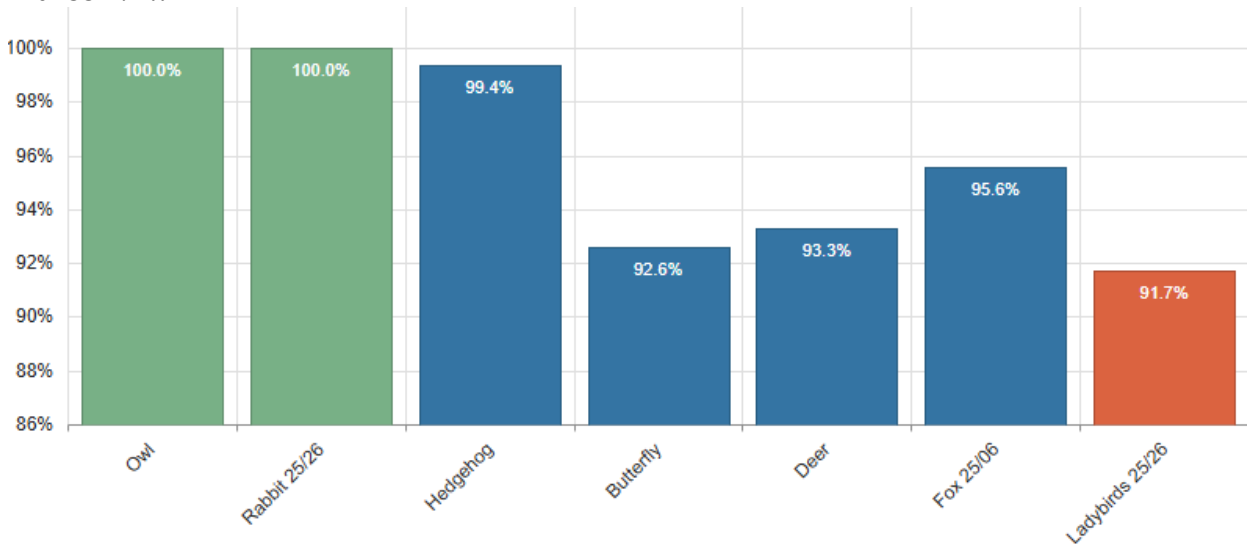
Achievements out of school



Please send us in your children's achievements big and small. Please email the school office to do this: office@ghosthill.set.education



Well done **Owl and Rabbit class for 100 %** attendance this week, closely followed by Hedgehog class with 99.4% !!



The trust attendance target is **97%**

Ghost Hill Infant and Nursery School current attendance this week is **96.2%**



Designated Safeguarding Leads

Mrs Westall, Mrs Hamill, Mrs Michael, Mrs Ferguson

These members of staff monitor and manage all safeguarding practices and ensure staff are supported and have the training they need. Please ask to see one of these adults if you are worried about the safety of a child at school.

If you have a safeguarding concern about a child out of school hours, then the number to ring is:

CADS – Children’s Advice and Duty Service - 0344 800 8020.

Please see the most recent Online Newsletter on our school website:

[GHOST HILL INFANT AND NURSERY SCHOOL](#)



Information:

Please ensure push notifications for the my child at school app are switched on.

- All booking and amendments for lunches and wraparound care need to be made 24hrs in advance.
- Please order your child’s lunch on the MYCAS app. This is a great opportunity for you to discuss the lunch options with your child and encourages them to try new foods. The new lunch menu has been added to MYCAs for the Summer term.
- Please check the data collection and the parental consents tabs for your child/ children to ensure the information we hold for you is up to date and correct. To revoke any parental consents, please email to school office.

If you do not have MYCAS and would like access, please speak to Mrs Ferguson in the school office.

Please use the school office email address for any future emails. Office@ghosthill.set.education

Breakfast and After school club contact number

Please be aware breakfast and after school club has its own contact number. Should you need to reach them, please call 01603 558807

Breakfast and Afterschool club sessions are available to book on our 'my child at school' app.

Afterschool clubs for next term.

Please see the list below for teacher led clubs for the summer term.

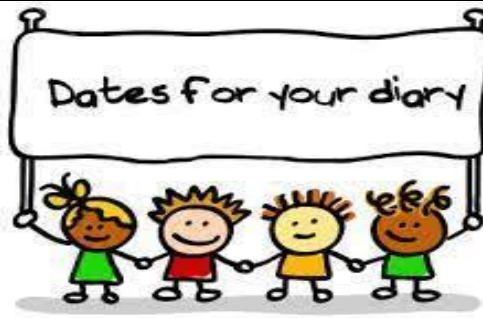
Club	Teacher	Day	Available to:
Art Club	Mrs Ulph	Monday (6 weeks) 27/04,11/05, 18/05,01/06,08/06, 15/06	Yr 1 & 2. Places offered to those previously due to attend.
Outdoor Story Club/ Forest school	Mrs Goolding	Wednesday (4 weeks) 29/04,06/05,13/05, 20/05	Reception, Yr 1 & 2
Colouring Club	Mrs Adkins	Monday (4 weeks) 01/06, 08/06, 15/06, 22/06	Reception, Yr 1 & 2
Girls Football Club	Miss Davies	Fridays (6weeks) 01/05, 08/05, 15/05, 22/05, 05/06, 12/06	Reception, Yr 1 & 2
Music Club	Mrs Westall	Fridays (6weeks) 01/05, 08/05, 15/05, 22/05, 05/06, 12/06	Reception, Yr 1 & 2
Family Cycling	Mrs Everett	Mondays Afterschool starting 27/04 until 4.00pm on the school playground.	Everyone welcome. Parents to attend. No need to book a place.

We will also have the following clubs available during the summer term for years 1 & 2. These are paid for clubs. Places are booked directly, using the following links. There are still spaces available for these clubs.

Gymnastics-Thursday afterschool [Jolly Gymnastics afterschool club](#)

Football -Monday afterschool. [Football afterschool club](#)

Tennis- Tuesday afterschool [Tennis afterschool club](#)



Any dates that are added each week will be highlighted for easy reference.

Summer Term 2026 Dates

Tuesday 21 st April	Year 1 School Trip to How Hill
Monday 27 th April AM	School Council visit to Two Acres Care Home
Tuesday 28 th April 1.20pm	Reception Sports afternoon for parents.
Monday 4 th May	School closed – Bank Holiday
Wednesday 6 th May	Class Photos
Thursday 7 th May	SSP Athletics Festival
Friday 8 th May	Friends of School Crazy Hair Day event . £1 donation.
Monday 11 th May	Year 2 WW2 experience day.
Tuesday 12 th May	Hartbeeps enrichment for Nursery children
Wednesday 20 th May 1.20pm	Year 1 Sports afternoon for parents.
Thursday 14 th May 1.20pm	Year 2 Sports afternoon for parents.
Monday 18 th May AM	School Council visit to Two Acres Care Home
Thursday 21 st May	SSP Athletics Festival
Monday 25 th to Friday 29 th May	HALFTERM
W/b 8 th June	Year 1 National Phonics check and Y2 retakes
Tuesday 9 th June PM	Friends of School Marvellous Men Giftshop
Wednesday 10 th June	Open Evening for new intake 5.30pm
Thursday 11 th June PM	Taverham Junior School staff visiting Year 2
Friday 12 th June	Reception School Trip to Gressenhall
Thursday 18 th June 9.30am	Sports Day for Reception, Year 1 and 2.
Monday 22 nd June AM	School Council visit to Two Acres Care Home
Thursday 25 th June 9.30am	RESERVE sports day for R,1,2
Tuesday 30 th June 11am	Nursery sports day + family picnic
Thursday 2 nd July	Year 2 Multisports and Music day at Taverham Junior School – in school hours – Ghost Hill staff to take and collect.
Tuesday 7 th July	Reserve Nursery sports day
Tuesday 7 th July	Elise in from SSP – Class social and emotional sessions.
Wednesday 8 th July 9am	Transition event for current Reception parents. Parent meeting in hall for current Reception parents about Year 1. A flyer will be sent home to all parents to ensure no one misses out.

Thursday 9 th July 9am	Transition event for current Year 1 parents. Parent meeting in hall for current Year 1 parents about Year 2. A flyer will be sent home to all parents to ensure no one misses out.
Wednesday 8 th and Thursday 9 th July	Year 2 transition days to Taverham Junior School. Parents to take and collect from the Junior School. More info will follow.
Friday 10 th July	SSP EYFS multiskills festival
Friday 10 th July	Friends of School Summer Fayre
Monday 13 th July AM	School Council visit to Two Acres Care Home
Tuesday 14 th July AM	SSP Multisports festival
Friday 17 th July 9.30am	Year 2 Leavers Show
Friday 17 th July	Last Day of Term

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Key: White dates - school open to pupils, Yellow dates - pupil holiday, Blue dates - Staff Training (school closed – pupil holiday), Red dates - bank holiday for staff and pupils.



flourish **MAKING SENSE OF SEND**

Making Sense of SEND

In person free, friendly information and support about SEND for families and professionals.

Thursday 21st May 2026
Dereham Memorial Hall, NR19 1AD
10am-12pm and 12.30pm-3pm

Are you looking for support for your child /young person with SEND and your family?

Find out more and book your place:

- Listen to expert-led talks on SEND topics.
- A chance to give feedback and be heard by the EHCP team or SEND advisor. Bookable on the day.
- Speak directly with more than 20 services and get personalised, face-to-face advice all in one place.
- Children's participation activities giving children and young people the chance to share experiences.

www.norfolk.gov.uk/mso


 Norfolk County Council


Shining Stars
 Dyslexia Services

Dyslexia Awareness

Saturday 18th April
10am to 12pm

You are warmly invited to our free open morning, aimed at parents who would like to learn more about dyslexia and how to support your child:

- Chat with one of our specialist teachers
- Find out more about dyslexia
- Seek advice and support
- Meet other parents
- Look at useful resources and books to use at home

You can find our office at
 31a Red Lion Street, Aylsham, NR11 6ER
 07891558033
info@shiningstarsdyslexiaservices.co.uk




Information for Parents and Carers



This information must be read alongside the school's Behaviour Policy Addendum dated 1st April 2026 (on the school website)

Restrictive intervention, including use of force, in schools.

DfE April 2026

Information for families

This updated guidance changes what schools are now required to record and share with parents and carers. In the past, staff did not always have to record

situations where they used a non-restrictive physical intervention, such as guiding a child out of a room when they were becoming distressed.

Under the new rules, the school must let you know any time your child is guided when any force is used. This may mean you hear from the school more often. It does not always mean that your child has been restrained. In many cases, it simply reflects a low-level intervention used to safely redirect or support them during a difficult moment.

Our Commitment to Your Child's Safety

Our schools are committed to keeping all children safe, supported, and respected. This includes supporting children and young people when they are upset, anxious, or struggling to manage their emotions.

In very rare situations, staff may need to take action to prevent a child or young person or others from being harmed. The government provides clear guidance for schools on how this must be done, and this information explains what that means for you and your child.

What are restrictive interventions?

A **restrictive intervention** is any action that limits a child's movement or choices.

Examples include:

- Holding a child to stop them hurting themselves or someone else
- Preventing a child from leaving a room when it would be unsafe for them to do so

Restrictive interventions are:

- Only used as a last resort
- Only used to keep people safe
- Never used as a punishment

Schools must try to prevent situations reaching this point by supporting children early and using calm, caring strategies to help them regulate their emotions.

Preventing the Need for Restrictive Interventions

Many situations are managed **without any physical contact**.

Staff should be trained to:

- Recognise when a child is becoming anxious or overwhelmed
- Use calming strategies, distraction, reassurance, and time to talk
- Adapt routines and environments to reduce stress
- Work closely with families to understand what support helps each child

There should always be a strong focus on early support and deescalation.

When Might Reasonable Force Be Used?

Reasonable force may only be used if it is necessary to:

- Prevent a child from hurting themselves

- Prevent a child from hurting someone else
- Prevent serious damage that could cause harm
- Prevent disorder among pupils at the school, whether during a teaching session or otherwise

If reasonable force is ever needed:

- The least amount of force is used
- It lasts only as long as necessary
- It stops as soon as it safe to do so

What Is Seclusion?

Seclusion means **preventing a child from leaving a space**.

This might include:

- Blocking a doorway to stop a child running into danger
- To prevent harm to themselves or others

Seclusion:

- Is only used to keep a child safe
- Is never used as a punishment or threat
- Always involves continuous adult supervision
- Is time limited and carefully recorded

What Does *Not* Count as Restrictive Intervention?

Everyday, caring physical contact is **not** considered restrictive when it is appropriate and welcome.

This includes:

- Giving first aid
- Holding hands or guiding children
- Helping a child move to a quiet space they have chosen
- Comforting a distressed child
- Congratulating a child (for example, a handshake or pat on the back)

Recording and Monitoring Incidents

If a significant restrictive intervention is used, the school must:

- Record the incident on the same day
- Include what happened, why it was necessary, and what support was offered

- Review the incident to help prevent it happening again

All incidents should be reviewed by senior leaders to ensure practice is safe, appropriate, and focused on improvement.

Informing Parents and Carers

If your child is involved in a significant incident, the school must:

- Inform you as soon as possible
- On the same day if practicable

You should be told:

- When and where the incident happened
 - Why the intervention was necessary
 - What type of intervention was used
 - Whether your child was hurt or needed medical attention
-

Children with Special Educational Needs or Disabilities (SEND)

Children with SEND may need **additional support**.

Restrictive interventions are considered carefully alongside:

- Individual support plans
- Education, Health and Care Plans (EHCPs)
- Risk assessments
- Advice from specialists

The aim is always to understand the **underlying needs** behind a child's behaviour and provide the right support as we would for all children.

Working in Partnership with Families

If you have:

- Questions about this information
- Concerns about your child
- Ideas about what helps your child when they are upset

Please speak to staff in your child's school.

In Summary

- Restrictive interventions are **rare** and only used to keep children safe
- They are **never used as punishment**
- Schools should focus on **prevention, care, and understanding**
- Parents are **informed and involved**

